



# 2021 BOYS RUGBY CAMPS

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## CONTACT INFORMATION

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***Thank you for choosing Army West Point Boys Rugby Camps!***





## CAMP OVERVIEW

THE ARMY WEST POINT BOYS RUGBY CAMPS OFFER AN EXTRAORDINARY RUGBY EXPERIENCE. CAMPERS WILL EXPERIENCE ELITE LEVEL COACHING FROM THE CURRENT WEST POINT COACHING STAFF, PLAYERS AND COACHES FROM TOP COLLEGIATE RUGBY PROGRAMS IN THE NORTH EAST, CURRENT AND FORMER COLLEGIATE ALL-AMERICANS, MAJOR LEAGUE RUGBY PROFESSIONALS, AND USA NATIONAL TEAM PLAYERS AND COACHES. CAMP IS LOCATED AT THE HISTORIC UNITED STATES MILITARY ACADEMY AT WEST POINT, DEVELOPING LEADERS OF CHARACTER FOR OVER 200 YEARS. CAMPERS COMPETE DAILY AT THE ANDERSON RUGBY COMPLEX, AMERICA'S FINEST COLLEGIATE RUGBY STADIUM, NESTLED ON THE BANKS OF THE HUDSON RIVER. OUR MISSION IS TO PROVIDE A SAFE, FUN, CHALLENGING, AND REWARDING CAMP EXPERIENCE FOR ALL OF OUR CAMPERS.

- The Army West Point Boys Rugby Camp is for **day campers only**.
- Campers participate in a safe, active, and fun-filled learning environment.
- Each camper receives special instruction on skills, tactics, rules, sportsmanship, etiquette, mental toughness, goal setting, leadership, conditioning, and nutrition.
- The Army West Point Boys Rugby Camp focuses on individual instruction
- We offer a teaching ratio of 10 (campers) to 1 (instructor).





# CAMP STAFF

	<p><b>Army West Point Head Coach (2015-Present)</b>          -USA National Team Player (Rugby World Cup 2003)          -USA National Team Asst. Coach (Rugby World Cup 2011)          -Four Time Collegiate National Champion          -Three Time Collegiate All-American          - Collegiate Coach at Oxford University, Cal-Berkeley, San Diego State and Stanford</p>
	<p><b>Camp Director</b>          -Army West Point Assistant Coach (2018-Present)          -USA U20's Head Coach          -USA National Team Player          -Current Major League Rugby Professional Player          -Four Time Collegiate National Champion          -Four Time Collegiate All-American</p>

COACH SHERMAN AND SUMSION WILL BE JOINED BY A WORLD CLASS STAFF OF COACHES AND COUNSELORS FROM THE CURRENT WEST POINT COACHING STAFF, PLAYERS AND COACHES FROM TOP COLLEGIATE RUGBY PROGRAMS IN THE NORTH EAST (2019 PARTICIPATING UNIVERSITIES BELOW), CURRENT AND FORMER COLLEGIATE ALL-AMERICANS, MAJOR LEAGUE RUGBY PROFESSIONALS, AND NATIONAL TEAM PLAYERS AND COACHES.





# PERFORMANCE DEVELOPMENT CAMP

<b>Session</b>	<b>Performance Development Camp</b>
<b>Dates</b>	July 30 - August 1, 2021
<b>Grade</b>	9th-12th
<b>Check In Time / Location</b>	8:30am at the United States Military Academy Visitor Center
<b>Check Out Time / Location</b>	5:30pm United States Military Academy Visitor Center

OUR PERFORMANCE DEVELOPMENT CAMP IS OPEN TO ALL BOYS FROM 9TH-12TH GRADE OF ALL EXPERIENCE LEVELS, AS A **COMMUTER CAMP ONLY**. THE CAMP IS DESIGNED TO ACCOMMODATE BOTH THE BEGINNING RUGBY PLAYER LOOKING TO LEARN THE GAME, AS WELL AS THE ADVANCED PLAYER LOOKING TO REFINE, POLISH, AND ADVANCE THEIR SKILLS. CAMP PARTICIPANTS WILL BE BROKEN INTO TRAINING GROUPS BASED ON THEIR AGE, EXPERIENCE, AND ABILITY LEVELS TO PROVIDE EACH CAMPER WITH THE APPROPRIATE COMPETITION LEVEL. CAMPS ARE STRUCTURED TO TEACH AND IMPROVE CAMPERS TECHNICAL SKILLS AND TACTICAL KNOWLEDGE. ADDITIONALLY, CAMPERS ARE AFFORDED THE OPPORTUNITY TO SHOWCASE THEIR ABILITY AND IMPROVEMENT, THROUGH DAILY GAMES AND COMPETITIONS, CULMINATING IN OUR CAMP FINALE CHAMPIONSHIP TOURNAMENT.





## GENERAL CAMP INFORMATION

- **Entrance**

- All campers will be transported onto West Point from the United States Military Academy Visitor Center. 2107 New South Post Rd, West Point, NY 10996
- Before entering onto West Point grounds each camper will receive a health screening from the medical staff
- United States Military Academy Visitors Center 2107 New South Post Rd, West Point, NY 10996

- **Check-In/Check-Out**

- Check-In & Check-Out will take place at the United States Military Academy Visitors Center 2107 New South Post Rd, West Point, NY 10996

- **Facilities**

- Campers will be training at Anderson Rugby Complex and Foley Athletic Center (inclement weather)

- **Rules and Regulations**

- All campers are required to comply with the Army West Point Summer Camp guidelines, which are established to ensure personal safety, hygiene, and property damage prevention. Any camper found to be disruptive and unwilling to follow behavior guidelines will be sent home without a refund.

- **Cancellations**

- All refunds must be approved by the Camp Director and are processed on a case by case basis. You will be notified once a final refund decision has been made.

- **Camper Lunch**

- Campers will be provided with lunch daily at the Anderson Rugby Complex.
- Your children will be well-fed at camp. If you choose to send snacks with them. We ask that these snacks be limited in quantity and be healthy in nature as past experiences have shown us that campers tend to overindulge. Thus, resulting in stomach-aches and ‘sugar highs’ that are unpleasant for all involved. Parents: When packing snacks for your children to consume, please be sensitive to other campers that may have peanut allergies. To ensure the health and safety of all campers, we request that you avoid sending peanut products with your child.

- **Typical Daily Schedule**

- 8:30am: Check-in and transportation to the Anderson Rugby Complex
- 9:00am: Morning Training
- 12:00pm: Lunch
- 2:00pm: Afternoon Training
- 5:15pm: Transportation to the USMA Visitor Center
- 5:30pm: Check-out







## CAMP PACKING LIST

What to Bring	What <b><u>NOT</u></b> to Bring
Water Bottle	Unsealed Snacks / Food
Cleats and Sneakers	Valuables / Electronics
Rugby Shorts and Socks (Athletic Shorts/Socks)	
Rugby Jersey or Athletic T-Shirts	<i>Parents: When packing snacks for your children to consume in the barracks at camp, please be sensitive to other campers that may have peanut allergies. To ensure the health and safety of all campers, we request that you avoid sending peanut products with your child.</i>
Kit Bag / Backpack to Carry Training Gear	
Sunscreen	
Mouthguard	

*The United States Military Academy and Army Athletic Association are not responsible for lost or stolen items. All items (including valuables, money, etc.) are brought at the risk of each camper and are not the responsibility of USMA, the Army Athletic Association, coaches and staff. Please keep in mind that elevators are NOT available (even to the top floor) for carrying bags.*

# ABOUT ARMY RUGBY + FAQ'S



**ABOUT WEST POINT:** FOUNDED IN 1802, WEST POINT IS ENTWINED WITH THE HISTORY OF OUR NATION. LESS THAN 50 MILES NORTH OF NEW YORK CITY, ALONG THE BANKS OF THE HUDSON RIVER, THE STATE-OF-THE-ART SPORTS FACILITIES AND ACADEMIC LECTURE HALLS OF THE ACADEMY PROVIDE THE PERFECT SETTING FOR THE TERRAIN-RICH ENVIRONMENT USED FOR CADET MILITARY TRAINING. THE ACADEMY DEVELOPS CADETS TO LIVE HONORABLY WITH UNCOMPROMISING INTEGRITY AS U.S. ARMY OFFICERS IN SERVICE TO THE NATION.

THE UNITED STATES MILITARY ACADEMY HAS BEEN EDUCATING, TRAINING, AND INSPIRING LEADERS OF CHARACTER FOR OUR UNITED STATES ARMY AND FOR THE NATION FOR MORE THAN 200 YEARS. WEST POINT PROVIDES A 47-MONTH LEADER DEVELOPMENT PROGRAM STEEPED IN ACADEMIC RIGOR, MILITARY DISCIPLINE, AND PHYSICAL CHALLENGES, ALL BUILT UPON A MORAL-ETHICAL FOUNDATION. THE ACADEMY IS AN INTERNATIONALLY RECOGNIZED INSTITUTION FOR ACADEMIC, MILITARY AND PHYSICAL EXCELLENCE, AND WE ARE PROUD THAT TODAY'S CADETS WILL BECOME TOMORROW'S MILITARY, PUBLIC, AND PRIVATE-SECTOR LEADERS.

**ARMY RUGBY TRADITION:** ARMY MEN'S RUGBY IS THE MOST SUCCESSFUL SPORTS TEAM AT WEST POINT. SINCE 1961, ARMY RUGBY HAS BEEN BUILDING A PROUD LEGACY AND TRADITION OF SUCCESS, AND IS A CONSISTENT POWERHOUSE ON THE NATIONAL COLLEGIATE RUGBY SCENE. THE TEAMS SUCCESS CAN BE ATTRIBUTED TO A STRONG TEAM CULTURE, BUILT AROUND THE FABRIC OF A PROUD BROTHERHOOD AND LEGACY.

**WHERE WILL I STAY?** THIS IS A COMMUTER CAMP ONLY DUE TO COVID-19.

**WHERE WILL I EAT?** LUNCH WILL BE PROVIDED AND EATEN AT THE ANDERSON RUGBY COMPLEX

**WHAT IS THE LEVEL OF SUPERVISION AND SAFETY?** CAMPERS WILL BE SUPERVISED AT ALL TIMES

**WHAT MEDICAL SUPPORT IS PROVIDED AND REQUIRED?** ALL CAMPERS WILL HAVE ACCESS TO ATHLETIC TRAINING SERVICES. EMERGENCY MEDICAL SERVICES WILL BE AVAILABLE THROUGH KELLER ARMY HOSPITAL. ALL CAMPERS NEED TO HAVE VALID HEALTH INSURANCE (NOT PROVIDED BY YOUR SCHOOL) IN ORDER TO PARTICIPATE IN CAMP (NO EXCEPTIONS).



**ARMY WEST POINT™**  
RUGBY

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