



Wildcat camp Café menu

Epicurean Group

(Vegetarian, Gluten free or dairy free options are available – 7 day notice required)

Week (1)

6/18/2018

(Monday)

Salad of the day

Raspberry salad with slice strawberry, peach and feta cheese with raspberry dressing,

With grill chicken

Sweet and sour chicken served on Jasmine rice mixed bell peppers and onion.

Homemade lemonade.

(Tuesday)

Fruit salad

Chinese chicken salad: slice red bell pepper, orange, green onion, bean sprout, fried rice Chinese-noodles and Asian dressing.

Chicken Fajitas: Spanish rice, pinto beans, fresh salsa, sour cream, corn tortilla, mix bell pepper

(Wednesday)

Pasta salad with grill chicken breast

Raspberry salad: slice strawberry, slice peach feta cheese and raspberry dressing.

Pasta day with homemade Bolognese or marinara sauce, served with sour dough garlic bread and parmesan cheese.

(Thursday)

Caesar, polenta crouton and grilled chicken breast.

Raspberry salad with slice strawberry, peach and feta cheese with raspberry dressing.

Pizza day with our homemade pizza dough, peperoni, cheese, Hawaiian and combination.

Served with Caesar salad, polenta crouton, and parmesan chicken



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(Week 2)

6/25/2018

(Monday)

Caesar salad, polenta croutons and grill chicken.

Southwestern salad: black beans, shared cheddar cheese, fresh salsa, corn tortilla chips and chipotle ranch dressing.

Cunpao Chinese chicken, bell peppers, onion, celery and water chesnut served over steam jasmine rice.

Homemade lemonade.

(Tuesday)

Caesar salad, polenta crouton and grill chicken breast.

Mix green salad with shared carrots, tomato, cucumbers, and balsamic dressing.

Chicken wrap, sauté chicken, Spanish rice refried pinto beans, flour tortilla, fresh salsa and sour cream

(Wednesday)

Fruit salad

Southwester salad: black beans, shared cheddar cheese, fresh salsa, corn tortilla chips and chipotle ranch dressing.

Grill cheese burger, lettuce, tomato, slice onion, sesame bun and homemade French fries or fruit salad.

(Thursday)

Grill flat bread served with Caesar salad, polenta crouton and grill chicken breast.

Parmesan cheese. Mix green salad with shared carrots, tomato, cucumbers, and balsamic dressing.

Pasta day with homemade Bolognese or marinara sauce, served with sour dough garlic bread and

Homemade cantaloupe aqua fresca.



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(Week 3)

7/2/2018

(Monday)

Grill flat bread served with Caesar, polenta crouton and grilled chicken breast.

Raspberry salad with slice strawberry, peach and feta cheese with raspberry dressing.

Southwester rice bowl, red kidney beans, shared cheddar cheese, fresh tomato salsa, rice, sour cream, grill chicken, and corn tortilla chips.

(Tuesday)

Grill flat bread served with Caesar salad, polenta croutons and grilled chicken breast.

Chinese chicken salad: slice red bell pepper, orange, green onion, bean sprout, fried rice Chinese-noodles and Asian dressing.

Chinese chicken fried rice with egg roll, sweet and sour dipping sauce

(Wednesday) – NO CAMP – 4th of July

(Thursday)

Grill flat bread served with Caesar salad, polenta crouton and grill chicken breast.

Raspberry salad: slice strawberry, slice peach feta cheese and raspberry dressing.

Pasta day with homemade Bolognese or marinara sauce, served with sour dough garlic bread and parmesan cheese.

(Friday)

Grill flat bread served with Caesar, polenta crouton and grilled chicken breast.

Raspberry salad with slice strawberry, peach and feta cheese with raspberry dressing.

Pizza day with our homemade pizza dough, peperoni, cheese, Hawaiian and combination.

Served with Caesar salad, polenta crouton, and parmesan cheese.



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(Week 4)

7/9/2018

(Monday)

Caesar salad, polenta crouton and grill chicken breast.

Baby spinach salad with caramelized onions, feta cheese, bacon and poppy seed dressing.

Steak quesadillas with mozzarella cheese, flour tortilla, homemade fresh salsa, sour cream,

Ice water

(Tuesday)

Caesar salad, polenta crouton and grill chicken breast.

Greek salad, feta cheese, Kalamata olive, pepperoncini's, tomato, cucumber balsamic dressing.

Grill BBQ Chicken, bake BBQ beans, roasted potato steam vegetables and bread.

(Wednesday)

Caesar salad, polenta crouton and grill chicken breast.

Baby spinach salad with caramelized onions, feta cheese, bacon and poppy seed dressing.

Chicken teriyaki rice bowl with mix vegetables over steam jasmine rice.

Lemonade

(Thursday)

Caesar salad, polenta crouton and grill chicken breast.

Greek salad, feta cheese, Kalamata olive, pepperoncini's, tomato, cucumber balsamic dressing.

House made Creamy chicken lasagna served with garlic sourdough bread and Caesar salad.



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(Week 5)

7/16/2018

(Monday)

Caesar, polenta crouton and grilled chicken breast.

Raspberry salad with slice strawberry, peach and feta cheese with raspberry dressing.

Chicken parmigiana serve with mashed potato, steam vegetables, roasted potato.

Steak wrap with grill steak, Spanish rice, pinto beans, fresh salsa, sour cream.

(Tuesday)

Caesar salad, polenta croutons and grilled chicken breast.

Chinese chicken salad: slice red bell pepper, orange, green onion, bean sprout, fried rice Chinese-noodles and Asian dressing.

Steak wrap with grill steak, Spanish rice, pinto beans, fresh salsa, sour cream.

(Wednesday)

Caesar, polenta crouton and grilled chicken breast.

Raspberry salad with slice strawberry, peach and feta cheese with raspberry dressing.

Cheese burger with homemade French fries or Caesar salad.

(Thursday)

Caesar, polenta crouton and grilled chicken breast.

Raspberry salad with slice strawberry, peach and feta cheese with raspberry dressing.

Spaghetti pasta with meatball serve with meat sauce or tomato sauce, garlic sourdough bread.

(Friday)

Grill flat bread served with Caesar salad, polenta crouton and grill chicken breast.

Greek salad, feta cheese, Kalamata olive, pepperoncini's, tomato, cucumber balsamic dressing.

Pasta day with homemade Alfredo sauce or pesto sauce, serve with garlic bread.



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(Week 6)

7/23/2018

(Monday)

Caesar salad, polenta crouton and grill chicken breast.

Baby spinach salad with caramelized onions, feta cheese, bacon and poppy seed dressing.

Baby back ribs, homemade potato salad and salad of the day.

(Tuesday)

Caesar salad, polenta crouton and grill chicken breast.

Greek salad, feta cheese, Kalamata olive, pepperoncini's, tomato, cucumber balsamic dressing.

Steak wrap with Spanish rice, pinto beans, fresh salsa and sour cream.

(Wednesday)

Caesar salad, polenta crouton and grill chicken breast.

Baby spinach salad with caramelized onions, feta cheese, bacon and poppy seed dressing.

Panini press sandwich, with black forest ham swish cheese in a pita pocket bread.

(Thursday)

Caesar salad, polenta crouton and grill chicken breast.

Greek salad, feta cheese, Kalamata olive, pepperoncini's, tomato, cucumber balsamic dressing.

Pizza day with. Hawaiian. Peperoni. Cheese. Combination. With side salad.

(Friday)

Grill flat bread served with Caesar salad, polenta crouton and grill chicken breast.

Greek salad, feta cheese, Kalamata olive, pepperoncini's, tomato, cucumber balsamic dressing.

Pasta day with homemade Alfredo sauce or pesto sauce, serve with garlic bread.



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(Week 7)

7/30/2018

(Monday)

Caesar salad, polenta croutons and grill chicken.

Southwester salad: black beans, shared cheddar cheese, fresh salsa, corn tortilla chips and chipotle ranch dressing.

Chicken Quesadillas, grill chicken, mozzarella cheese, Spanish rice, pinto beans, flour tortilla, fresh salsa and sour cream.

(Tuesday)

Caesar salad, polenta croutons and grilled chicken breast.

Chinese chicken salad: slice red bell pepper, orange, green onion, bean sprout, fried rice Chinese-noodles and Asian dressing.

Broccoli beef over steam jasmine rice.

(Wednesday)

Caesar salad, polenta croutons and grill chicken.

Southwester salad: black beans, shared cheddar cheese, fresh salsa, corn tortilla chips and chipotle ranch dressing.

(Thursday)

Caesar salad, polenta croutons and grill chicken.

Southwestern salad: black beans, shredded cheddar cheese, fresh salsa, corn tortilla chips and chipotle ranch dressing.

Chicken Marsala with sauté mushroom, mashed potato, and steam vegetables.

(Friday)

Grill flat bread served with Caesar salad, polenta crouton and grill chicken breast.

Greek salad, feta cheese, Kalamata olive, pepperoncini's, tomato, cucumber balsamic dressing.

Pasta day with homemade Alfredo sauce or pesto sauce, serve with garlic bread.