



Dear Track & Field Camper,

Thank you for choosing to participate in our 2018 Winter Clinic. The Washington Track Camps staff is anxious to meet you and provide you with individualized attention and technical coaching in your event area. We are proud of our clinics and strive to make it a fantastic experience for all. This year's Clinic will run every Wednesday night in January and February **EXCEPT Wednesday February 21<sup>st</sup>**.

Clinic check in will begin 15 minutes before your designated clinic start time, and you must check in each Wednesday night to get a wristband. Our clinic is held in the Dempsey Indoor on the University of Washington campus beginning January 3<sup>rd</sup>. Parking for the event is most convenient in area E-19. You must pay for parking at the automated kiosk located in front of the Waterfront Activities Center. This link will take you to more info on parking at the University. <http://www.washington.edu/facilities/transportation/commuterservices/parking>

Please remember that you must bring your completed Camp Waiver with you to registration, or you may mail in your waiver to camp headquarters. This page **MUST** be turned in at or before check in on the first day of camp to participate! A Camp Waiver can be downloaded from our camp website at [www.washingtontrackcamps.com](http://www.washingtontrackcamps.com).

**Below are the start times for the different events:**

Distance, Sprints and Hurdles will go from 6:30 pm to 8:00 pm  
Throws, Jumps, and the Vault will go from 7:45 pm to 9:15 pm

Finally, please check your email regularly as this is our primary way we communicate. Any additional information that we need to convey as the camp draws closer will be passed on to you via the email address that you supplied when you signed up for camp. Any other questions can be emailed to our camp director Jason Drake at [jzdrake@gmail.com](mailto:jzdrake@gmail.com), or he can be reached on his cell at 206-240-3343.

Please come prepared and ready to work hard!

Washington Track Camps Staff