



Dear Track & Field Camper,

Thank you for choosing to participate in the 2018 Lil' Dawg Track and Field Camp. The Washington Track Camp staff is anxious to meet you and provide you with individualized attention and coaching in track and field. We are proud of our camp and strive to make it a fantastic experience for all.

Camp check in will be held July 16<sup>th</sup> from 8:45 am to 9:00 am at the University of Washington Outdoor Track. The least expensive and most convenient place to park is in the E-1 Lot. This is the extremely large lot located just off Montlake Blvd. There is a pay for kiosk located at the entrance of the E-1 parking lot, and the cost is \$6.00 for the day (cash only). A 45 minute grace period will be allowed in the E-18 parking lot next to E-1 off Montlake Blvd as well. Final Parking information will be posted and emailed to participants closer to the event. Please note: UW Parking & Commuter Services is its own entity and not directly related to the UW Athletic Department.

Please remember that you must bring your completed Camp Waiver with you to registration, or you may mail in your waiver to camp headquarters. This page **MUST** be turned in at or before check in on the first day of camp to participate! A Camp Waiver is attached, and can be downloaded from our camp website at [www.washingtontrackcamps.com](http://www.washingtontrackcamps.com).

We will begin daily at 9:00 am, and will end each day at approximately 11:30 am. Water and Gatorade will be available at camp, but campers are encouraged to bring their own water bottle, a light snack, and be dressed in proper workout attire.

Finally, please check your email regularly as this is our primary way we communicate. Any additional information that we need to convey as the camp draws closer will be passed on to you via the email address that you supplied when you registered for camp. Any other questions can be emailed to our camp director Jason Drake at [jzdrake@gmail.com](mailto:jzdrake@gmail.com), or he can be reached at 206-240-3343.

See you at camp!

Washington Track Camps Staff